

Adult workshops@ Kilronan Spring 2012.

Sunday 5th February - Adult Beginner workshop 2.30 – 5.30.

Sunday 4th March – Adult beginner workshop 2.30 – 5.30

Sunday 12th February – Adult intermediate workshop 2.30 – 5.30

Sunday 11th March – Adult Intermediate workshop 2.30 – 5.30

Cost: €40 per person
Tea, coffee & light refreshments served.
Booking essential.

The beginner workshop is an introduction to horses and is suited to the complete beginner or for those who wish to get back into horse riding.

- **Gain confidence with horse on the ground with a grooming and horse psychology lesson.**
- **One hour riding lesson - Learn how to sit in the correct position and gain knowledge of the horses basic paces.**
- **Meet like minded people and enjoy yourself!!**

The intermediate workshop is suitable for a novice rider or those who have taken part in the beginner workshop.

- Lunging demo with an experienced rider showing the correct position, emphasis on the correct diagonal and canter lead.
- One hour riding lesson focusing on the rider's position, correct diagonals and establishing the correct canter lead.